



SCHNEIDER COACHING GROUP, LLC

COACHING CONTRACT

This Coaching Contract is between Schneider Coaching Group, LLC (“Coach”) and the undersigned client (“Client”). The coaching relationship between Coach and Client is bound by confidentiality, and by the ethics and standards of behavior established by the International Coach Federation (“ICF”).

Coach will not disclose any of Client’s personal, confidential information without the client’s consent, except (i) Coach may disclose such information where disclosure is required by law, and (ii) Coach may disclose Client’s contact information and coaching hours to the ICF in connection with the credentialing process. In the event of an audit, the ICF may contact Client to verify the coach/client relationship and coaching hours reported. _____ **[Initials]**

Coaching is a process in which Client will be uniquely challenged to reflect on his/her behaviors and thoughts in a manner which enables Client to create change within his/her life and relationships. Results will vary, and Coach makes no guarantees or warranties, express or implied. _____ **[Initials]**

Client is responsible for his/her own physical, mental and emotional well-being, and for his/her decisions, choices, actions and results. As such, Client agrees that Coach is not and will not be liable for any action or inaction, for any direct or indirect result of any services provided by Coach, or for any damages (including direct, indirect, consequential or special damages), and Client releases and indemnifies Coach from and against any and all such damages. _____ **[Initials]**

Client understands that coaching is not therapy, is not a substitute for therapy, and does not prevent, cure, or treat any mental disorder or medical disease. Client agrees to communicate honestly, be open to feedback, and create the time and energy to participate fully in the coaching program. _____ **[Initials]**

Client will notify Coach if Client is currently in therapy, or has been in therapy in the past. Client will also notify Coach if Client is on medication for anxiety, depression or other mental health or ADD/ADHD issues. _____ **[Initials]**

Coaching is most effective and when there is open communication and trust. If Client is not comfortable with the coaching process, or if anything about the coaching relationship does not feel right, Client should notify Coach. _____ **[Initials]**

Telephone communications are more difficult and may result in misunderstandings. If Client is unsure or confused about the meaning of any communication, he/she should notify Coach. _____ **[Initials]**

Client agrees to be fully present for each coaching session. Client will not text, utilize social media, drive or otherwise be distracted during any coaching session. _____ [Initials]

Payment is to made made in full before each coaching session, and all payments are non-refundable. If Client needs to reschedule a session, Client agrees to notify Coach at least 24 hours prior to the scheduled start of the session. If Client does not provide at least 24 hours prior notice, Client will be charged for the session. _____ **[Initials]**

If Client wishes to discontinue the coaching relationship, Client will notify Coach during a coaching session.

Client Name:

Signature of Client (or Client's Legal Guardian):
